

Ongoing Events

Monday Lunch Bunch - An informal drop-in discussion. Meets Mondays, 11:30 - 1 pm. Hosted by Rev. Lisa and DRE, Judy. Bring your own sack lunch.

Adult RE Discussion Forum - Sundays 9:30-10:45 (4th-6th Classroom.) Discussion topics vary.

Hatha Yoga - Meets every Thursday 5:30-6:20 pm in the Gathering Space. Aaron Shafer (554-6224) will facilitate every week except the 1st Thursday, when Anna Leamon (640-0904) will facilitate.

Music Leadership Team - Meets every Sunday at 10:15 am in Scanland Hall.

Upcoming Events see more at uuft.org

Mon	Feb	6 7 pm	Social Justice Committee	Emerson Library
Friday	Feb	10 7 pm	Wine Club	Gathering Space
Sun	Feb	12 10:15 am	Brass Quartet Performance	Scanland Hall
Sat	Feb	18 7:30 pm	Last Minute Folk Concert-Justin Roth	Scanland Hall

STANDING ON THE SIDE OF LOVE VOLUNTEER OPPORTUNITY! Our congregational focus on immigration and hunger has led us to find community partners which address these concerns. VIDA ministries supports our Latino community through multiple programs. Their Spring semester starts January 30, 2012. They need volunteers to be conversation partners, provide childcare supervision, and to supervise homework on Wednesday evenings beginning Feb. 1. The attached PDF form gives further information and contacts. Vicki George and Shawna Foster are working with this group and are available for any questions you may have.

MEMOIR GROUP - Many UU congregations have memoir writing groups and we want to see if there are individuals at UUFT who are interested in participating in such an activity. You do not need an advanced degree in English, journalism or creative writing — all who want to document and share their life stories in an informal setting are welcome. The group will probably meet once a month and the day/time of the sessions would be negotiated by those involved. If you are interested or have questions, please contact Phil Roudebush (478-9019 or philroudebush@gmail.com).

THIRTY DAYS OF LOVE FOOD DRIVE - UUFT supports the food pantry at the Women's Center for Empowerment & Safety at the YWCA throughout the year. We are a main source for keeping the pantry full. Please help us FILL the grocery cart several times during our Thirty Days of Love focus. Hearty soups, peanut butter, Canned meat, pasta entrees are needed during the winter months. Contact: Joanne Roudebush

BRASS QUARTET PERFORMANCE Sunday, February 12th the Hopsgard Brass Quartet will provide a brass performance in Scanland Hall 10:15 to 10:45 am. They will also provide special music during the 11 am service. The Quartet group are music students at Washburn University. Their performance was acquired by members at a Washburn Band Fundraiser for Joplin High School Music department this past Fall. Come and enjoy the fellowship of fine music on this special Sunday.

BIRTHDAYS this week: 2/5 Marge Heeney, 2/8 Lisa Schwartz, 2/9 Bobbi Schaeffer & Noah Daugherty.

Unitarian Universalist Fellowship of Topeka



February 5, 2012

ALL I SEE IS PART OF ME

GUEST SPEAKER - AMANDA THOMAS

The UUFT is proud to be a welcoming congregation, dedicated to the spiritual, political, and social well-being of all who are confronting oppression as lesbians, gay men, bisexuals, transgender people, and heterosexual allies.

FORUM

9:00 a.m. February 5, 2012

Welcome/ Announcements *Bill Lucero*
Chalice Lighting
Collection/ Change for change
A Time for Sharing

Presentation **“Sleep, Health Promotion, Immune Function, and the Epidemic of Cancer & Chronic Disorders”** *Peter Parks*

Discussion- All are welcome to join in the discussion. Please identify yourself, use the microphone and be brief.

Closing *Bill Lucero*

Parting shots:

“Smiles awake you when you rise.” - Beatles, Golden Slumbers

“The animal sleeps within its body; man sleeps with his body in his mind.”- Chazal

“We know a great deal more about the causes of physical disease than we do about the causes of physical health.”- M. Scott Peck

Next week’s Forum: Tom Averill, Washburn University Writer-in-residence and Professor of English, will discuss his writings and influences. “My writing has always been literary, with models like William Stafford and Eudora Welty, but my subjects come from my passions in life--food, Kansas history, culture, and landscape/all things Scottish, music and gardens. He will read short excerpts from his works to talk about writing and his inspirations Program Contact: Bill Lucero

Sunday, February 12, 2012

Standing on the Side of Love: Valentine’s Day, Reimagined

Purveyors of cards and heart-shaped boxes of chocolate send the message that love is about romance and affection. But do justice and equity have a role to play in your love life, too? What does it mean to stand on the side of love? Rev. Lisa Romantum Schwartz will explore the question at this annual observance of Hugs & Quiches. Got a yellow SSL shirt? Wear it today.

Help put the "quiche" in Hugs & Quiches NEXT Sunday, February 12th by donating a dish to the annual potluck. We are in need of more meat or veggie quiches, salads and desserts. If you can't cook then consider being part of the clean up crew. Proceeds from the potluck will benefit VIDA Ministries. Contact Jamie Crispin at jamielcrispin@gmail.com to sign up!

ORDER OF SERVICE - 11:00 a.m.

Call to Attention

Gathering Song **Come, Come, Whoever You Are** #188, Grey

Welcome and Announcements

Chalice Lighting **Wendell Berry**, excerpt from Sabbath Peoms

Opening Song **As One**

As One we join with Her, our Mother

As One we sing to Her our song.

As One we touch Her

As One we heal Her

Her heart beats with our own as One.

A Story for All Ages

Affirmation of Abundance (sing 2x) *to the tune of #402, Grey*

From you I receive, to you I give

Together we share, and from this we live.

The Children and their teachers exit (sing 2x) *to the tune of #413, Grey*

Go now in peace, go now in peace:

May the Spirit of Love surround you,

Everywhere, everywhere you may go.

Breathing Meditation

Sorrows and Joys

Song of Meditation *When I breathe in, I breathe in Peace*
When I breathe out, I breathe out Love.

Sermon **Returning of the Light and Life** *Amanda Thomas*

Closing Song **My Blue Boat Home** #1064, Blue

Closing Words Video **"Here Comes the Sun"** by the Beatles

Rev. Lisa R. Schwartz is preaching at the Unitarian Church of Lincoln Nebraska today, swapping sabbatical support with Rev. Fritz Hudson, who visited UUFT during Rev. Lisa's sabbatical.

Next Sunday is letter writing Sunday. Please take a moment after either program to write a letter to Governor Brownback to advocate for the rights of persons with developmental disabilities.